

SEPTEMBER 2020 ... HEADSTART MENU

MONDAY

8

Breakfast: Breakfast Pizza, Mixed Fruit Cup, Milk

Lunch: Sack Lunch= PBJ Sandwich, String Cheese, Crackers, Carrot Sticks, Applesauce & Choice of Milk

14

Breakfast: *French Toast Sticks, Low Fat Yogurt, Diced Pears & Milk

Lunch: *Pepperoni Pizza, Spinach Salad, Diced Peaches & Choice of Milk (Ranch Cup)

21

Breakfast: *Bagel, Cream Cheese, Fresh Apple & Milk

Lunch: *Cheese Pizza, Mixed Greens, Strawberry Cup & Choice of Milk (Ranch Cup)

28

Breakfast: *Egg & Cheese McMuffin, Diced Pears & Milk

Lunch: *Soft Shell Taco, Tortilla Chips, Refried Beans, Salsa, Shredded Lettuce, Grapes & Choice of Milk

TUESDAY

8

Breakfast: Breakfast Pizza, Mixed Fruit Cup, Milk

Lunch: Sack Lunch= PBJ Sandwich, String Cheese, Crackers, Carrot Sticks, Applesauce & Choice of Milk

15

Breakfast: Cheese Omelet, *Biscuit, Mandarin Oranges & Milk

Lunch: *Hot Dog on a Bun, *Doritos, Baked Beans, Mixed Fruit, Choice of Milk (Ketchup & Mustard)

22

Breakfast: *Waffles, Low Fat Yogurt, Raisins & Milk

Lunch: *Mac & Cheese, Dinner Roll, Steamed Broccoli, Diced Peaches & Choice of Milk

29

Breakfast: Cereal, String Cheese, Pineapple & Milk

Lunch: *Cheese Bosco Sticks, Marinara Cup, Spinach Salad, Diced Pears & Choice of Milk (Ranch Cup)

WEDNESDAY

9

Breakfast: Cereal, String Cheese, Oranges & Milk

Lunch: *Chicken Patty on a Bun, Oven Baked Fries, Fresh Broccoli, Grapes, Choice of Milk (Ketchup & Mayo)

16

Breakfast: Low Fat Yogurt, *Graham Crackers, Strawberry Cup & Milk

Lunch: *Turkey or Ham Lunchable, Carrot Sticks, Mandarin Oranges & Choice of Milk (Ranch Cup)

23

Breakfast: *Breakfast Pizza, Fresh Pears & Milk

Lunch: *Hamburger or Cheeseburger, Tatar Tots, Cucumber Slices, Pineapple & Choice of Milk (Ketchup, Mustard & Mayo)

30

Breakfast: *Apple Cinnamon Muffin, Low Fat Yogurt, Diced Peaches & Milk

Lunch: *Turkey & Swiss on a Pretzel Bun, Cheez-its, Cherry Tomato, Mixed Fruit, Choice of Milk (Mustard & Mayo)

THURSDAY

10

Breakfast: Mini Pancakes, Sausage, Diced Peaches & Milk

Lunch: *Ham & Turkey Sub, *Sun Chips, Cherry Tomatoes, Pineapple, Choice of Milk (Mustard & Mayo)

17

Breakfast: *Blueberry Muffin, String Cheese, Mixed Fruit & Milk

Lunch: *Chicken Nuggets, Rice Pilaf, Green Beans, Mixed Berry Cup, Choice of Milk (Ranch or BBQ sauce)

24

Breakfast: *Pancake-on-a-Stick, Applesauce & Milk

Lunch: *Corn Dog, *Funyuns, Cooked Carrots, Applesauce & Choice of Milk (Ketchup & Mustard)


31

Breakfast: *French Toast Sticks, Low Fat Yogurt, Diced Pears & Milk


Lunch: *Pepperoni Pizza, Spinach Salad, Diced Peaches & Choice of Milk (Ranch Cup)

- = Whole Grain

The menu is subject to change without notice.



If your student has food allergies, please contact Jenna as soon as possible.



Welcome Class
Of 2033
HURON PRIDE!!

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SEPTEMBER 2020 ... ELEMENTARY MENU


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Breakfast: *Cereal bar, String Cheese, Mixed Fruit, Juice & Choice of Milk 8 Lunch: *Sack Lunch= PBJ Sandwich, String Cheese, Crackers, Carrot Sticks, Applesauce & Choice of Milk	Breakfast: * Banana Bread, Yogurt, Fresh Fruit, Juice & Choice of Milk 9 Lunch: *Chicken Patty on a Bun, Oven Baked Fries, Fresh Broccoli, Grapes, Choice of Milk (Ketchup & Mayo)	Breakfast: *Blueberry Muffin, String Cheese, Diced Peaches, Juice & Choice of Milk 10 Lunch: *Ham & Turkey Sub, *Sun Chips, Cherry Tomatoes, Pineapple, Choice of Milk (Mustard & Mayo)	Breakfast: Cereal Kit, Fresh Pear & Choice of Milk 11 Lunch: *Soft Pretzel with Cheese, Green Beans, Yogurt, Apple Slices & Choice of Milk
Breakfast: *Apple or Cherry Frudel, Yogurt, Diced Peaches, Juice & Choice of Milk 14 Lunch: *Pepperoni Pizza, Spinach Salad, Diced Peaches & Choice of Milk (Ranch Cup)	Breakfast: *Cinnamon Roll, String Cheese, Mandarin Orange Cup, Juice & Choice of Milk 15 Lunch: *Hot Dog on a Bun, *Doritos, Baked Beans, Mixed Fruit, Choice of Milk (Ketchup & Mustard)	Breakfast: *Cocoa Bread, Yogurt, Strawberry Cup, Juice & Choice of Milk 16 Lunch: *Turkey or Ham Lunchable, Carrot Sticks, Mandarin Oranges & Choice of Milk (Ranch Cup)	Breakfast: Honey & Oats Bar, Yogurt, Mixed Fruit Cup, Juice & Choice of Milk 17 Lunch: *Chicken Nuggets, Rice Pilaf, Green Beans, Mixed Berry Cup, Choice of Milk (Ranch or BBQ Sauce)	Breakfast: Mini Pancakes, Yogurt, Applesauce Cup, Juice & Choice of Milk 18 Lunch: *Breakfast for Lunch = Pancakes, Sausage, Hash Brown, SideKick Slushy, Choice Of Milk (Ketchup & Syrup)
Breakfast: *Cinnamon Goldfish Crackers, Yogurt, Fresh Fruit, Juice & Choice of Milk 21 Lunch: *Cheese Pizza, Mixed Greens, Strawberry Cup & Choice of Milk (Ranch Cup)	Breakfast: *Benefit Bar, String Cheese, Raisins, Juice & Choice of Milk 22 Lunch: *Mac & Cheese, Dinner Roll, Steamed Broccoli, Diced Peaches & Choice of Milk	Breakfast: *Cocoa Puff Bar, Yogurt, Fresh Orange Juice & Choice of Milk 23 Lunch: *Hamburger/Cheeseburger, Tatar Tots, Cucumber Slices, Pineapple & Choice of Milk (Ketchup, Mustard & Mayo)	Breakfast: *Apple Cinnamon Muffin, String Cheese, Applesauce Cup, Juice & Choice of Milk 24 Lunch: *Corn Dog, *Fyunys, Cooked Carrots, Applesauce & Choice of Milk (Ketchup & Mustard)	Breakfast: *Cereal Kit, Fresh Apple & Choice of Milk 25 Lunch: *Sack Lunch = PBJ Sandwich, String Cheese, Carrot Sticks, Goldfish Crackers, Mixed Fruit Cup, Choice of Milk
Breakfast: *Cinnamon Toast Crunch Bar, String Cheese, Diced Pears, Juice & Choice of Milk 28 Lunch: *Soft Shell Taco, Tortilla Chips, Refried Beans, Salsa, Shredded Lettuce, Grapes & Choice of Milk	Breakfast: *Mini Waffles, Yogurt, Pineapple Cup, Juice & Choice of Milk 29 Lunch: *Cheese Bosco Sticks, Marinara Cup, Spinach Salad, Diced Pears & Choice of Milk (Ranch Cup)	Breakfast: *Glazed Donut, String Cheese, Diced Peaches, Juice & Choice of Milk 30 Lunch: *Turkey & Swiss on a Pretzel Bun, Cheez-its, Cherry Tomato, Mixed Fruit, Choice of Milk (Mustard & Mayo)		

* = Whole Grain

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SEPTEMBER 2020 ... HIGH SCHOOL MENU

ALL MEALS ARE SERVED IN THE CAFETERIA & COMMONS AREAS, MEALS ARE PRE-PLATED FOR YOUR CONVENIENCE & SAFETY...

WEDNESDAY, SEPTEMBER 9TH

BREAKFAST:

*Banana Bread, Yogurt, Fresh Fruit, Juice & Choice of Milk

LUNCH:

- #1 - Chicken Caesar Salad, *Dinner Roll, Diced Peaches & Choice of Milk
- #2 - *Chicken Caesar Wrap, Diced Peaches & Choice of Milk
- #3 - *Hamburger/Cheeseburger, Oven Baked Fries, Diced Peaches & Choice of Milk
(Ketchup & Mustard)

THURSDAY, SEPTEMBER 10TH

BREAKFAST:

*Blueberry Muffin, String Cheese, Diced Peaches, , Juice & Choice of Milk

LUNCH:

- #1 - Crispy Chicken Salad, Breadstick, Strawberry Cup & Choice of Milk
- #2 - *Club Wrap, Carrot Sticks, Strawberry Cup & Choice of Milk
- #3 - *Regular or Spicy Chicken Sandwich, Carrot Sticks, Strawberry Cup & Choice of Milk
(Mayo)

FRIDAY, SEPTEMBER 11TH

BREAKFAST:

*Cereal Kit, Fresh Pear & Choice of Milk

LUNCH:

- #1 - *Sub Sandwich (Ham, Turkey or Club), Mixed Berries, Cherry Tomatoes & Choice of Milk
(Mayo & Mustard)
- #2 - *Cheese or Pizza Bosco's, Mixed Greens, Pineapple & Choice of Milk
(Marinara or Ranch Cup)

MONDAY, SEPTEMBER 14TH

BREAKFAST:

*Apple or Cherry Frudel, Yogurt, Diced Peaches, Juice & Choice of Milk

LUNCH:

- #1 - Yogurt Parfait with Cinnamon Graham Crackers, Cucumber Slices & Choice of Milk
- #2 - *Turkey Bacon Ranch Wrap, Cucumber Slices, Diced Peaches & Choice of Milk
- #3 - *Cheese or Pepperoni Pizza, Mixed Greens, Oranges & Choice of Milk (Ranch Cup)

TUESDAY, SEPTEMBER 15TH

BREAKFAST:

*Cinnamon Roll, String Cheese, Mandarin Orange Cup, Juice & Choice of Milk

LUNCH:

- #1 - *Crispy Chicken Wrap, Cherry Tomatoes, Fresh Fruit & Choice of Milk
- #2 - *Grilled Chicken Salad, Roll, Fresh Fruit & Choice of Milk
- #3 - *Hot Dog or Chili Dog on a Bun, *Doritos, Baked Beans, Fresh Fruit & Choice of Milk
(Ketchup & Mustard)

WEDNESDAY, SEPTEMBER 16TH

BREAKFAST:

*Cocoa Bread, Yogurt, Strawberry Cup, Juice & Choice of Milk

LUNCH:

- #1 - *Ham or Turkey Lunchable, Carrot Sticks, Pineapple & Choice of Milk
- #2 - Grilled Chicken Sandwich on a *Pretzel Bun, Carrot Sticks, Pineapple & Choice of Milk
- #3 - Regular or Spicy Chicken Sandwich, Carrot Sticks, Pineapple & Choice of Milk

THURSDAY, SEPTEMBER 17TH

BREAKFAST:

*Honey & Oats Bar, Yogurt, Mixed Fruit Cup, Juice & Choice of Milk

LUNCH:

- #1 - Buffalo Chicken *Wrap, Broccoli, Mixed Fruit Cup & Choice of Milk
- #2 - Chef Salad, *Breadstick, Mixed Fruit Cup & Choice of Milk
- #3 - *Chicken Nuggets, Rice Pilaf, Green Beans, Mixed Fruit Cup & Choice of Milk
(Ranch or BBQ cup)

FRIDAY, SEPTEMBER 18TH

BREAKFAST:

*Mini Pancakes, Yogurt, Applesauce Cup, Juice & Choice of Milk

LUNCH:

- #1 - PB&J Sandwich, String Cheese, *Sun Chips, Celery Sticks, Applesauce Cup & Choice of Milk
- #2 - Hamburger/Cheeseburger, Celery Sticks, Applesauce Cup & Choice of Milk
- #3 - Bacon Cheeseburger, Celery Sticks, Applesauce Cup & Choice of Milk
(Ketchup, Mustard & Mayo)

* = Whole Grain

The menu is subject to change without notice.



Breakfast: \$1.90
Reduced Breakfast: \$.30
Lunch: \$2.95
Reduced Lunch: \$.40
Milk Prices: \$.50



Adult Breakfast: \$2.50
Adult Lunch: \$4.00

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MONDAY, SEPTEMBER 21ST

BREAKFAST:

*Cinnamon Goldfish Crackers, Yogurt, Fresh Fruit, Juice & Choice of Milk

LUNCH:

- #1 - *Grilled Chicken Wrap, Tomatoes, Fresh Fruit & Choice of Milk
- #2 - *French Bread Pizza, Mixed Greens & Choice of Milk
- #3 - *Pizza Calzone, Mixed Greens & Choice of Milk
(Ranch Cup)

TUESDAY, SEPTEMBER 22ND

BREAKFAST:

*Benefit Bar, String Cheese, Raisins, Juice & Choice of Milk

LUNCH:

- #1 - Sub Sandwich (Ham, Turkey or Club), Mixed Berry Cup, Cherry Tomatoes & Choice of Milk
- #2 - *Mac & Cheese, Garlic bread, Steamed Broccoli, Mixed Berry Cup & Choice of Milk
- #3 - *Penna Pasta with Alfredo Sauce, *Garlic Bread, Steamed Broccoli, Mixed Berry Cup & Choice of Milk
(Mustard & Mayo)

WEDNESDAY, SEPTEMBER 23RD

BREAKFAST:

*Cocoa Puff Bar, Yogurt, Fresh Orange Juice & Choice of Milk

LUNCH:

- #1 - Buffalo Chicken Salad, *Dinner Roll, Diced Pears & Choice of Milk
- #2 - *Buffalo Chicken Wrap, *Fonyuns, Diced Pears & Choice of Milk
- #3 - *BBQ Rib Sandwich, Celery Sticks, Diced Pears & Choice of Milk

THURSDAY, SEPTEMBER 24TH

BREAKFAST:

*Apple Cinnamon Muffin, String Cheese, Applesauce Cup, Juice & Choice of Milk

LUNCH:

- #1 - Chicken Salad Sandwich on a *Croissant, Lettuce, Tomato, Fresh Fruit & Choice of Milk
- #2 - *Brat on a Bun, *Cheetos, Baked Beans, Fresh Fruit & Choice of Milk
- #3 - *Corn Dog, *Cheetos, Baked Beans, Fresh Fruit & Choice of Milk

FRIDAY, SEPTEMBER 25TH

BREAKFAST:

*Cereal Kit, Fresh Apple & Choice of Milk

LUNCH:

- #1 - *PB&J Sandwich, *Sun Chips, String Cheese, Celery Sticks, Applesauce Cup & Choice of Milk
- #2 - *Boneless Chicken Bites, *Baked Fries, Celery Sticks, Applesauce Cup & Choice of Milk
- #3 - *Chicken Wings, Oven Baked Fries, Celery Sticks, Applesauce Cup & Choice of Milk
(Ranch Cup)

MONDAY, SEPTEMBER 28TH

BREAKFAST:

*Cinnamon Toast Crunch Bar, String Cheese, Diced Pears, Juice & Choice of Milk

LUNCH:

- #1 - *Taco Salad, Salsa, Sour Cream, Grapes & Choice of Milk
- #2 - *Soft Shell Taco or Walking Taco, Refried Beans, Salsa, Sour Cream, Grapes & Choice of Milk
- #3 - *Nachos & Cheese, Salsa, Sour Cream, Grapes & Choice of Milk

TUESDAY, SEPTEMBER 29TH

BREAKFAST:

*Mini Waffles, Yogurt, Pineapple Cup, Juice & Choice of Milk

LUNCH:

- #1 - Pizza Lunchable, Carrot Sticks, Fresh Fruit & Choice of Milk
- #2 - Cheese or Pizza Boscors, Mixed Greens, Fresh Fruit & Choice of Milk
(Marinara or Ranch Cup)
- #3 - *BBQ Rib Sandwich, Carrot Sticks, Fresh Fruit & Choice of Milk

WEDNESDAY, SEPTEMBER 30TH

BREAKFAST:

*Glazed Donut, String Cheese, Diced Peaches Juice & Choice of Milk

LUNCH:

- #1 - Ham or Turkey *Wrap, Lettuce, Tomato, Diced Peaches & Choice of Milk
- #2 - BLT *Wrap, Carrot Sticks, Diced Peaches & Choice of Milk
- #3 - *Pulled Pork Sandwich, Tatar Tots, Diced Peaches & Choice of Milk

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Reduced Breakfast: \$.30

Lunch: \$2.95

Reduced Lunch: \$.40

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